



You can feed Hope this Thanksgiving

You can provide a special
meal at our Thanksgiving
dinner on October 9th.
\$3.47 helps bring hope
to someone in need.

 **Give Today**

Hot meals. Warm beds. Vital services.

Your gift provides all this and more
to Ottawa's most vulnerable people.



Development Office
46 Daly Avenue
Ottawa, ON K1N 6E4
613-234-1155
OttawaMission.com

Please give today.

I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.

PHILIPPIANS 4:12-13

CHAMPIONS OF
HOPE

**LEARN HOW TO
BECOME A
MONTHLY DONOR**

please call
613.234.1155

...

or visit
**ottawamission.com/
monthly**

PROVIDING A MEAL AND MORE THIS THANKSGIVING



We're heading towards fall, which means Thanksgiving is just around the corner.

For many, Thanksgiving centers around a meal where we give thanks for the food that nourishes us. As we eat, we might realize that we have much more to be thankful for: support, love, health, and family all come to my mind.

A similar thing happens here at The Ottawa Mission. Each year, thousands come through our doors, many simply seeking a meal to make it through the day. But because of your generosity, they may also find support, love, health, and family at our table.

In this newsletter you'll read about how you've helped Ben and Dave. Ben lost just about everything when substance use overtook his life. **Your support gave him access to the food, shelter, and counseling he needed to reclaim his life in a remarkable way.** Dave was already grappling with dementia when a serious car accident landed him in the Diane Morrison Hospice. **You've provided the care that's nurtured his inspirational recovery.**

You'll also hear from one of our donors, Fraser. Having dealt with his own addiction struggles, Fraser was inspired to leave a charitable gift to The Ottawa Mission in his will.

It's thoughtful donors like Fraser, and you, that I'm so thankful for in this season of giving thanks. **Your continued support helps feed those who are hungry and ensures that everyone has a seat at the table for Thanksgiving.**

With gratitude,

PETER TILLEY CEO, The Ottawa Mission

HOBIN ARCHITECTURE *designs with community in mind*

Give Today



The Hobin team helps The Ottawa Mission's Summer of Hope campaign — an inspirational success.



Hobin Architecture has been a fixture in Ottawa for decades; you likely don't have to travel far to find a beautiful, yet functional Hobin-designed structure in the city. In that time, they've also been a dedicated supporter of many community organizations, including The Ottawa Mission.

This year, Hobin made an amazing pledge as a matching sponsor for our annual Summer of Hope Campaign. Their commitment provided a triple-match for every donation received over two summer days, up to a total of \$20,000. They inspired the community to donate \$87,380 at a time when donations to The Mission are at their lowest!

Melanie Lamontagne, a Hobin partner and architect, explains that beyond supporting fundraising campaigns, Hobin seeks out meaningful projects that align with the firm's core values. One of those core values is community.

Hobin has collaborated on numerous community-oriented projects throughout the city and has designed spaces that offer supportive, affordable housing options for the people of Ottawa — including our clients.

On the value of these projects, Melanie says: ***"It's not just about the house or the building, but how different services can be put in place to allow for supportive environments within those spaces. Services that help people succeed and eventually get their own place, on their own terms. We have the expertise to design the spaces that can really help different community members."***

This echoes the space you support here at The Ottawa Mission. **Together, we're able to offer a supportive environment that lifts people permanently out of the shelter system.**

We sincerely thank Hobin Architecture for their dedicated support over the years and for teaming up with you, our other generous donors, to make the Summer of Hope Campaign such an inspirational success!

Dave's AMAZING HOSPICE RECOVERY

A sharp-witted 74-year-old Canadian Forces veteran, Dave is a client at our *Diane Morrison Hospice*. Already grappling with dementia, a traumatic car accident put Dave into a coma. He was in two Ottawa hospitals before his daughter coordinated his transfer to our Hospice.

Since awakening from his coma, Dave's recovery has been astonishing.

With your support and care from our Hospice staff, Dave's dementia has become less severe and his overall physical condition has improved drastically.

You've also provided Dave access to dental care through our *DYMON Health Clinic*. With the clinic just next door, Hospice clients benefit from routine visits and oral hygiene check-ups. Our volunteer dentists have even fit Dave with a new set of upper dentures.

However, our Hospice clients receive more than just medical care. When Dave realized that he was no longer receiving his pension and old age security benefits, our staff offered to help. A tax misunderstanding was resolved, and Dave now happily reports that he reliably receives his benefit payments.

All of this support has prepared Dave to take the next step in his recovery: regaining independent living.

He's connected with the local Legion and is working to secure a furnished apartment. He's grateful that our Hospice manager, Yetty, is helping him complete the complicated paperwork and coordinate his next step to independence.

Dave says: **"Yetty is so amazing and thoughtful in her work. She communicates a lot with my daughter to help organize things."**

But Dave knows that the entire Hospice staff has been vital to his recovery: **"They've been a big-time help. They most definitely care about you here,"** he reflects.

Without your support, Dave wouldn't have received this level of care. While he gives credit to our staff, we pass that credit along to you.

Thank you for being there for Dave.



Give Today



Dave smiles inside our dental clinic



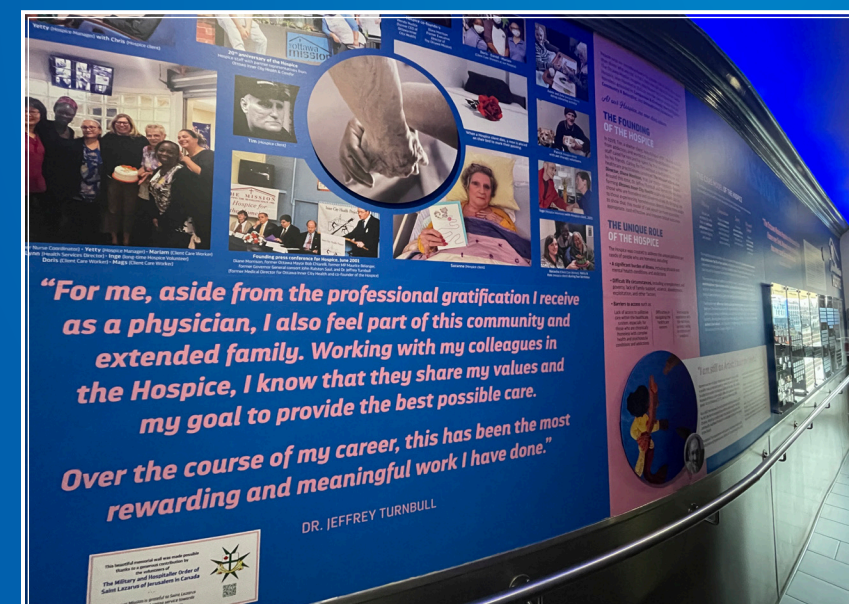
DIANE MORRISON HOSPICE MEMORIAL WALL UNVEILED

Our new Memorial Wall commemorates the history of our Hospice and tells the stories of those who have received care, those who have provided it, and the profound connection between them.

The wall also memorializes the names of all 413 people who have passed away in our Hospice care since 2001. Friends and family find comfort in visiting the wall, seeing their loved one's name, and knowing that they were cared for in their final days.

The Ottawa Mission is grateful to the *Order of Saint Lazarus of Jerusalem* whose generous contribution made the creation of the wall possible.

The Order has also provided continuous support to the Hospice since its beginnings in 2001.



CAIVAN presents

Blue Door — GALA —

in partnership with *Infinity Cares Gala*

NOVEMBER 9

at the

**Infinity Convention
Centre**

...

**The Ottawa Mission's signature
event just got bigger!**

**This year's gala, presented by
Caivan and in Partnership with the
Infinity Cares Gala, will raise funds
and bring awareness to our Food
Services Training Program (FSTP).**

The evening includes the graduation
ceremony of our latest FSTP class,
and a delicious four-course meal
prepared by the graduates.

...

For more information or
to purchase tickets, please visit:
ottawamission.com/events
or call Shivani at 613.234.1155



WE BELIEVE THAT
*everyone deserves
a home*

Mission Possible is our new
advocacy initiative.

**Sign up to be an advocate to
fight the root cause of homelessness,**
and we will provide you with the
tools and resources to do so.

**Through "Mission Possible",
community members were
successful in allocating an
additional \$1.5 million to
affordable housing in the city's
2023 budget, and a further
\$24 million was allocated
by the province.**

Thank you!

...

Interested? Learn more at:
[ottawamission.com/
get-involved/advocacy/](https://ottawamission.com/get-involved/advocacy/)



Why Fraser made his gift, in his own words:

I've been thinking about leaving a gift in my will to a
charity I know, trust, and care about for years now.

I decided to leave my charitable bequest to The Ottawa
Mission's addiction recovery program. Early in my life,
I suffered through years of active alcoholism, and
it took me years of trying to finally achieve sobriety.
I want to use my bequest to help people who have
lost everything to their addiction, and give them the
chance to get their lives back, the way I did.

Even at the worst of my addiction, I had a successful
career, a home, and family and friends who loved and
supported me. *I can't imagine how much courage it
must take to face your addiction when you don't have
those supports, or even a hot meal and a warm bed.*

*In making this gift, I feel a deep satisfaction that
I've done something truly meaningful to help people
who suffer with active addiction.*

In the 12-step program of addiction recovery, the first
11 steps are about becoming sober. The 12th step is
helping someone with an active addiction find their
own path to recovery. With my legacy gift, I feel I've
taken a big 12th step.

I'm grateful to have had the opportunity to do this.

FREE SEMINAR

*The benefits of including a
charitable gift in your will*

...

Please join us for an interactive session
on what to consider when creating or
updating your will.

— SPEAKERS —

Heather Austin-Skaret and
André Martin of Mann Lawyers

— WHEN —

Thursday, September 21
10:00 a.m. – 12:30 p.m.
(registration at 9:30 a.m.)

— WHERE —

Perley Health, 1750 Russell Rd.

*Space is limited. Complimentary parking
and light lunch provided.*

...

Please RSVP by September 14
to Christina Hunter Cadieux
at **613.234.1155** or
legacygiving@ottawamission.com

Give Today

FROM A MEAL AND SHELTER

— TO —

*hope
renewed*

Ben sits in his workshop, thankful for your support

“The Ottawa Mission and the Hope Program were a lifeline. I never thought I’d be in the position I was in” reflects Ben, a soft-spoken 40-year-old.

A successful, yet dangerous career in British Columbia as an emergency response helicopter lineman meant Ben endured damaging amounts of stress, trauma, and loss. Rather than seek outside sources for support, Ben withdrew and began to self-medicate with alcohol and drugs. As his control slipped, he found himself back home in Ottawa burdened by grief and shame.

Homeless, Ben went over 90 hours without food as he wandered the city and slept on park benches. He eventually found his way to us.

“When I first got here, I didn’t actually have any hope,” remembers Ben. Despite this, he was encouraged to join our 3-month harm reduction Hope Program.

Ben worked on his sobriety and participated in therapy sessions. Within a couple of months, he secured a job. He would work into the evening, knowing that a meal from our kitchen was saved for him in the fridge when he returned to the shelter.

After months of diligent work, both on himself and professionally, Ben successfully completed his program and received the amazing news that he’d been approved for a place of his own.

Ben is proof that anyone can find themselves in need of help. **Your support gives people like Ben the resources, and most importantly the hope needed, to recover and rebuild.**



For those we serve, putting a meal on the table remains more difficult than ever before.

For only \$3.47 you can provide a special Thanksgiving meal on October 9th for families and people in need.

Please give today!

To make a donation visit ottawamission.com