



about **THE OTTAWA MISSION**

Since 1906, The Ottawa Mission has been serving the homeless, the hungry and the lost by providing food, clothing, shelter and skills. In 2021–2022, The Ottawa Mission provided emergency shelter to an average of 118 people every night and served an average of 2,570 meals every day.

The Ottawa Mission also provides medical and dental services, hospice care, mental health and addiction treatment programs, housing services, spiritual care, educational support and job training to thousands of men and women.

In 2019, The Ottawa Mission launched a new housing department to reflect the belief that a home is a human right for everyone. In September 2020, The Mission marked its one millionth hour serving the community.



THE OTTAWA MISSION

MEAL PROGRAM



35 Waller Street
Ottawa, ON K1N 7G4

OttawaMission.com





We provide *hope* and *strength* by feeding hungry men, women and children in poverty who cannot afford nutritious food.

Each day, our team of staff and our many volunteers prepare and serve delicious meals so that no one in our community goes hungry.

Behind the scenes, our team maintains a clean and safe kitchen and ensures that meals are always available. Our team serves every meal with compassion and respect; they know that a smile given in kindness can make a big difference.

Our different meal programs include:



Breakfast, lunch and dinner each day for shelter guests of The Mission.



Three meals a day, as well as a small bag of groceries, for anyone in need who visits our community meal program.



Meals for anyone in need who visits our food truck, which makes scheduled stops in many different neighbourhoods throughout our community.

In 2020–2021, we served over
938,210 meals
to members of our community who would otherwise go hungry.



Since our founding in 1906,
we've served over
20 million meals



MOHAMED

OTTAWA MISSION COOK

“People don’t want to be homeless and they shouldn’t be judged. Instead, they have obstacles that they’re working through and will overcome. I love helping them. The Mission has become my second home and I love it.”

“

ROB

FORMER SHELTER GUEST AND MEAL PROGRAM CLIENT

“I was overwhelmed by the community meal program and receiving so much good food each day in the middle of a pandemic. And meals for people who stay here are incredible: like a five-star restaurant.”

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LAURIANNE

KITCHEN VOLUNTEER

“I enjoy interacting with clients. I greet them with a smile. I want them to know that they matter. When you offer warmth and sincerity, even those that don’t respond initially begin, over time, to respond, to smile back and a connection is made, which is precious.”

“
I don’t have to go hungry today.
”

BRETT

FOOD TRUCK CLIENT