

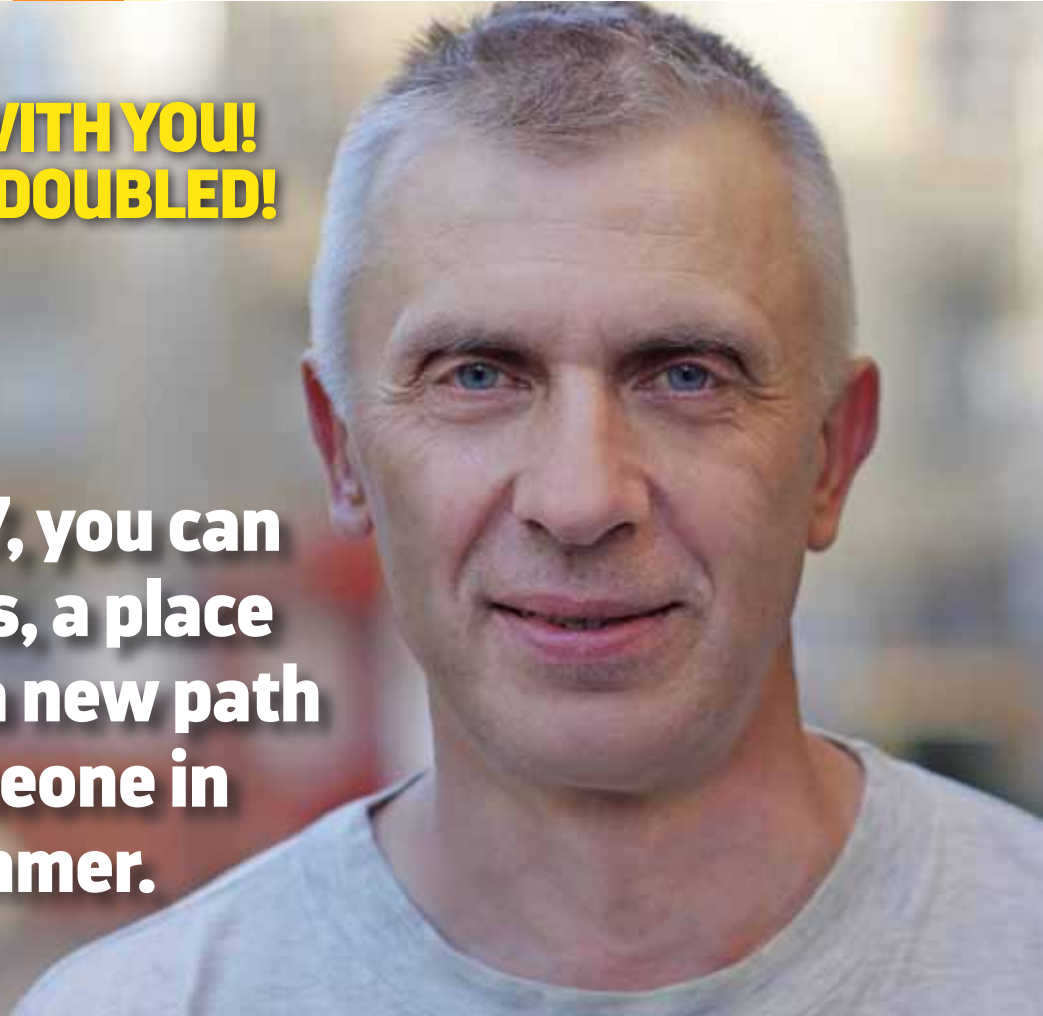


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**Matching Gift**  
C A M P A I G N

**THIS SUMMER,  
HOPE BEGINS WITH YOU!  
SEE YOUR GIFT DOUBLED!**

**For just \$3.47, you can  
provide meals, a place  
to sleep and a new path  
in life for someone in  
need this summer.**



The COVID-19 pandemic has made life more difficult for individuals who arrive at The Mission seeking help. This will certainly continue into the summer. Shelter guests continue to receive 3 meals a day and there are take-out meals for the community. Mental health and case management support services are available. We simply could not continue to offer these programs without the kindness and generosity of donors like you.

**We need your support more than ever – and there's good news!**

A group of generous supporters of The Ottawa Mission have offered to match all gifts, dollar for dollar, up to the first \$55,000 received.



46 Daly Avenue,  
Ottawa, ON K1N 6E4  
613-234-1155  
[ottawamission.com](http://ottawamission.com)

**Please give today and  
double the impact of your gift.  
Because you care,  
lives will be changed.**

**Do not fear,  
for I am with  
you; do not be  
dismayed, for  
I am your God.**

Isa 41:10

**CHAMPIONS OF  
HOPE**

**LEARN ABOUT  
BECOMING A  
MONTHLY DONOR**

To find out about becoming a  
monthly donor

– a Champion of Hope –

please call 613-234-1155, or email  
foundation@ottawamission.com

## **LOOKING AHEAD WITH HOPE**

Here's hoping that you and your family have been well, or as well as can be expected, during these unprecedented times. It is hard to believe that it was only months ago that the entire world, and life as we know it here in Ottawa, was 'turned upside down' by COVID-19. Rest assured that The Mission immediately implemented all necessary protocols and procedures - under the guidance and direction of Ottawa Public Health and Ottawa Inner City Health - to ensure the safety and protection of our guests, staff and volunteers.



Through God's grace and direction, and your devotion and support, we were able to provide services under the most challenging circumstances. In particular, I wanted to highlight the 'above and beyond the call of duty' spirit of every single staff member who rose to the occasion and put in the extra time and effort to ensure that The Mission was a refuge for those who needed us.

It was only this past January that Ottawa City Council recognized that homelessness in our community had risen to levels never before seen in our time and, in spite of the City's ten-year plan to end homelessness, declared homelessness to be in a state of emergency. Only thanks to the unwavering support of you, our loyal community, have we been able to continue to care for those in need.

On behalf of the Board of Directors, the staff, volunteers and, most importantly, the guests we serve under our roof here at 35 Waller Street, I wanted to extend our deepest appreciation to every one of you who was able to reach out – in one form or another – and provide the necessary assistance to support our guests through these unprecedented times. Your generosity has made all the difference in their lives, particularly during a 'perfect storm' of hardship for the homeless.

May you and your families be safe and well, and as the saying goes, may sunshine light your way, and may summer warm your hearts.

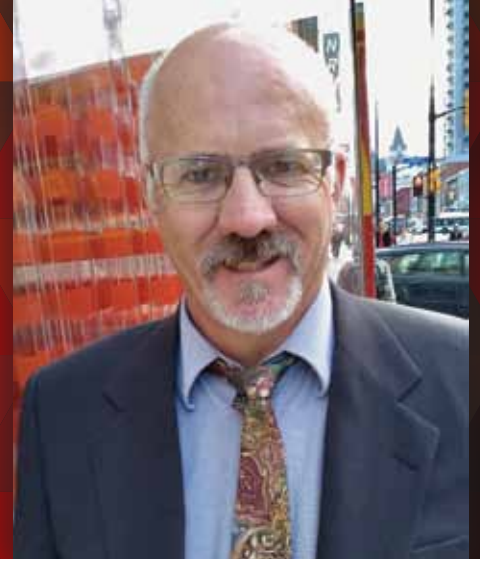
God bless and thank you!

A handwritten signature in black ink, appearing to read 'Peter Tilley'. The signature is fluid and cursive.

Peter Tilley

CHIEF EXECUTIVE OFFICER, THE OTTAWA MISSION

# It's a beautiful life



Paul arrived at the blue doors on Waller Street in February 2018, and like so many who've passed through them, he did so because they represented his last hope. When those doors opened, Paul entered a community where faith and devotion serve to bring hope.

Paul was experiencing mental health and addiction issues. He had been off medication for bi-polar disorder for a long time, making a normal life next to impossible. The Mission's addictions program was Paul's first step in a broader recovery strategy. Every story is unique, but Paul's was more complex than most. As a result, his case worker determined that Paul qualified for the Direct Engagement program and began by building trust and a comfortable rapport.

Medical care was first and foremost required to control Paul's bi-polar condition. He received a subsidy from the City of Ottawa to help with housing. Once his mental health was stabilized, the search began for a place Paul could call his own. Support services at The Mission and the Canadian Mental Health Association were in place to ensure a smooth transition. Paul moved in a day before the start of the new year and the new decade. It was a great time to begin a new life.

Personal success can be measured in terms of relationships. Paul re-connected with his parents, and his new home played host to the first meal Paul has prepared for his kids in over 20 years! An articulate man and an aspiring writer, Paul put words to paper for his children; a map, if you will, meant to share the lessons he's learned. Paul titled it, *A BEAUTIFUL Life*.

"Begin each day with a grateful heart, ready to embrace all that will unfold for you. Seek the wisdom and counsel of elders; their life experiences will help lead you on your path."

"Know when to be still and recharge yourself fully, through embracing all that you've been blessed with. Open yourself to your higher power and be grateful for this beautiful life."

Paul moved into his new apartment in the midst of winter. "I was a first responder for the ski patrol," Paul shares, "so keeping in shape really helps me stay strong." Luckily, he's located close to plenty of green space, bike paths, and recreation, a real bonus for an outdoorsy kind of guy who can now enjoy all that summer has to offer in his new neighbourhood.

Paul's advice to his children is a lesson for all. "Remember that this life is YOURS to live! Make it a BEAUTIFUL life!"

Your generosity has made all the difference to Paul. He is deeply grateful for your help in his journey to a new and beautiful life. The Mission will be there for Paul all the way, all thanks to kind-hearted donors like you.

## Let's come together and make each other smile!

- 1 Register your team here via our website: [OttawaMission.com/Events](https://OttawaMission.com/Events)
- 2 Make someone smile, take a photo/video, and share it with [@OttawaMission](https://twitter.com/OttawaMission)
- 3 Ask your friends to donate to your team & challenge them to share a smile!



**#ShareASmileGiveHope**

# Always there when needed



Rob is a father of two in his late fifties. His addiction was devastating to both his family life and his physical health. It began at a very early age during a childhood damaged by two parents who suffered from alcohol and drug addiction. Rob became a shield of protection for his mother when dad was drunk and violent. Coping with such a horrible situation led Rob to develop his own destructive pattern of behaviour. It took until Rob was in his late forties to finally accept that he needed to get clean.

“I went to detox 32 times, and 3 rehab centres, trying to get clean. Each time I came home and used right away,” Rob admits, “and I thought I would never get it, and die an addict.” By the time he was 56, Rob arrived at The Mission where he admits to being puzzled by how kind and helpful everyone was towards him. He entered the Hope Wing and had successfully been off drugs for fourteen months when his heavy tobacco habit took its toll.

Rob was struck by a heart attack in January of 2020 and required surgery at the Ottawa Heart Institute. He considers it a great irony that he ended up back at The Mission, this time recovering from a double bypass in The Hospice. The Mission’s health care team is particularly adept at providing medical care and support to those who are also recovering from addiction. It is a unique and invaluable skill set, and makes all the difference to individuals like Rob. “I am very grateful to The Mission,” Rob shares, “and I am still not using drugs. I’m even quitting smoking!” He’s looking forward to enjoying sunshine and summer air.

The Ottawa Mission understands the unique medical needs of the homeless and how proper care can contribute to recovery and a better, healthier future. Our Dymon Health Clinic is made possible by the kindness and generosity of donors like you.

Rob is very grateful. “When I look at the last forty years,” he says, “I thought I would never be grateful. Now I am so thankful and happy that The Mission helped me change my life.”



**Matching Gift  
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Please give today  
and double the  
impact of your gift.

**Because you  
care, lives will  
be changed.**

**LIFE CHANGING**